



# www.boscoschool.com CLASS XII ARTS SYLLABUS (2024-25)

S.No.	Subjects	Page No.
1.	English	2-4
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# ENGLISH

# **General Objectives:**

- To listen and comprehend live as well as record in writing oral presentations on a variety of topics.
- To develop greater confidence and proficiency in the use of language skills necessary for social and academic purpose.
- To participate in group discussions, interviews by making short oral presentation on given topics.
- To perceive the overall meaning and organisation of the text (i.e. the relationships of the different 'chunks' in the text to each other).
- To identify the central/main point and supporting details etc. to build communicative competence in various skills of English.
- To promote advanced language skills with an aim to develop the skills of reasoning, drawing inferences, etc. through meaningful activities.
- To develop ability and knowledge required in order to engage in independent reflection and enquiry.

Section	Marks
Reading Comprehension	22
Creative Writing Skills	18
Textbooks and Supplementary Reading Text	40
	80
ASL and Project File	10 + 10
Total	100

#### **Marks Division**

### APRIL

Reading: Unseen Passage Writing: Notice Writing Literature: Flamingo

- Chapter 1 The Last Lesson
- My Mother at Sixty-six (Poem) Vistas
- Chapter 1 The Third Level

### MAY

Reading: Unseen Passage Writing: Letter to the Editor, Article Literature: Flamingo

- Chapter 3 Deep Water
- Keeping Quiet (Poem) Vistas
- Chapter 6 On the Face of It

### JULY

Reading: Unseen Passage Writing: Job Application, Report Writing Literature: Flamingo

- Chapter 5 Indigo
- Chapter 4 The Rattrap
- Roadside Stand (Poem) Vistas
- Chapter 4 Enemy

# AUGUST

Reading: Unseen Passage Writing: Formal & Informal Invites and Replies Literature: Flamingo

- A Thing of Beauty (Poem)
- Chapter 2 Lost Spring Vistas
- Chapter 2 Tiger King
- Chapter 3 Journey to the End of the Earth

Assessment of Listening and Speaking Skills

### **SEPTEMBER**

Revision and Half Yearly Examination

## **OCTOBER**

Reading: Unseen Passage Literature: Flamingo

- Aunt Jennifer's Tiger (Poem)
- Chapter 7 The Interview
- Chapter 6 Poets and Pancakes
- Chapter 8 Going Places Vistas
- Chapter 8 Memories of Childhood

# NOVEMBER

Revision Assessment of Listening and Speaking Skills Project Work

### DECEMBER

Revision and Pre - Board Examination I

### JANUARY

Pre-Board Examination II

Unit Te	est 1	Reading: Unseen Passage
		Writing: Notice Writing
		Literature:
		• Ch - 1 The Last Lesson
		• My Mother at Sixty-six (Poem)

Half Yearly	Literature:
Examination	<ul> <li>Flamingo</li> <li>Ch - 1 The Last Lesson Ch - 2 Lost Spring</li> <li>My Mother at Sixty-six (Poem)</li> <li>Ch - 3 Deep Water</li> <li>Roadside Stand (Poem)</li> <li>Ch - 5 Indigo</li> <li>Ch - 4 The Rattrap</li> <li>Keeping Quiet (Poem)</li> <li>A Thing of Beauty (Poem)</li> <li>Roadside Stand (Poem)</li> <li>Vistas</li> <li>Ch - 1 The Third Level</li> <li>Ch - 2 Tiger King</li> <li>Ch - 3 Journey to the End of the Earth</li> <li>Ch - 4 The Enemy</li> <li>Ch - 6 On the Face of It</li> <li>Reading: Unseen Passage</li> <li>Writing: Notice Writing, Letter to the Editor, Article, Job Application, Report, Formal &amp; Informal Invites and Replies</li> </ul>
Pre- Board Examination 1	Complete Syllabus
Pre- Board Examination 2	Complete Syllabus

# MATHEMATICS

### **General Objectives:**

- To acquire a precise knowledge and critical understanding of the basic concepts
- To develop a positive attitude towards thinking
- To articulate and analyse logically
- To become precise and logical.

S. No	UNITS	MARK
		S
1	Relation and Function	8
2	Algebra	10
3	Calculus	35
4	Vector and Three-Dimensional Geometry	14
5	Linear Programming	5
6	Probability	8
	Total	80
	Internal Assessment	20

### APRIL

• Chapter 2: Inverse trigonometric functions

Definition, range, domain, principal value branch. Graphs of inverse trigonometric functions

• Chapter-3: Matrices

Concept, notation, order, equality, types of matrices, zero and identity matrix, transpose of a matrix, symmetric and skew symmetric matrices. Operation on matrices: Addition and multiplication and multiplication with a scalar. Simple properties of addition, multiplication and scalar multiplication. On- commutativity of multiplication of matrices and existence of non-zero matrices whose product is the zero matrix (restrict to square matrices of order 2). Invertible matrices and proof of the uniqueness of inverse, if it exists; (Here all matrices will have real entries

### MAY

• Chapter-4: Determinants

Determinant of a square matrix (up to 3 x 3 matrices), minors, co-factors and applications of determinants in finding the area of a triangle. Adjoint and inverse of a square matrix. Consistency, inconsistency and number of solutions of system of linear equations by examples, solving system of linear equations in two or three variables (having unique solution) using inverse of a matrix.

#### • Chapter-5: Continuity and differentiability

Continuity and differentiability, chain rule, derivative of inverse trigonometric functions, *like*  $\sin^{-1}$ ,  $\cos^{-1} x$  and  $\tan^{-1} x$ , derivative of implicit functions. Concept of exponential and logarithmic functions.

Derivatives of logarithmic and exponential functions. Logarithmic differentiation, derivative of functions expressed in parametric forms. Second order derivatives.

# JULY

#### • Chapter-5: Continuity and Differentiability(continued)

Continuity and differentiability, chain rule, derivative of inverse trigonometric functions, *like*  $\sin^{-1}$ ,  $\cos^{-1} x$  and  $\tan^{-1} x$ , derivative of implicit functions. Concept of exponential and logarithmic functions.

Derivatives of logarithmic and exponential functions. Logarithmic differentiation, derivative of functions expressed in parametric forms. Second order derivatives.

#### • Chapter-6: Application of Derivatives

Applications of derivatives: rate of change of bodies, increasing/decreasing functions, maxima and minima (first derivative test motivated geometrically and second derivative test given as a provable tool).

• Simple problems (that illustrate basic principles and understanding of the subject as well as real life situations).

#### • Chapter-1 : Relation and Function

Types of relations: reflexive, symmetric, transitive and equivalence relations. One to one and onto functions.

## AUGUST

#### • Chapter-12: Linear Programming

Introduction, related terminology such as constraints, objective function, optimization, graphical method of solution for problems in two variables, feasible and infeasible regions (bounded or unbounded), feasible and infeasible solutions, optimal feasible solutions (up to three non-trivial constraints).

#### • Chapter-7: Integrals

Integration as inverse process of differentiation. Integration of a variety of functions by substitution, by partial fractions and by parts, Evaluation of simple integrals of the following types and problems based on them.

### **SEPTEMBER**

Revision and Half Yearly Examination

### **OCTOBER**

• Chapter-7: Integrals (continued)

Integration as inverse process of differentiation. Integration of a variety of functions by substitution, by partial fractions and by parts, Evaluation of simple integrals of the following types and problems based on them.

• Chapter-8: Application of Integrals Applications in finding the area under simple curves, especially lines, circles/ parabolas/ellipses (in standard form only)

#### • Chapter-9: Differential equation

Definition, order and degree, general and particular solutions of a differential equation. Solution of differential equations by method of separation of variables, solutions of homogeneous differential equations of first order and first degree. Solutions of linear differential equation of the type:

### NOVEMBER

#### • Chapter-10: Vectors

Vectors and scalars, magnitude and direction of a vector. Direction cosines and direction ratios of a vector. Types of vectors (equal, unit, zero, parallel and collinear vectors), position vector of a point, negative of a vector, components of a vector, addition of vectors, multiplication of a vector by a scalar, position vector of a point dividing a line segment in a given ratio. Definition, Geometrical Interpretation, properties and application of scalar (dot) product of vectors, vector (cross) product of vectors.

#### • Chapter-11: Three- Dimensional Geometry

Direction cosines and direction ratios of a line joining two points. Cartesian equation and vector equation of a line, skew lines, shortest distance between two lines. Angle between two lines.

#### • Chapter-13: Probability

Conditional probability, multiplication theorem on probability, independent events, total probability, Bayes' theorem, Random variable and its probability distribution, mean of random variable.

## DECEMBER

Revision and pre-board -1 examination

### JANUARY

Pre-board- 2 examination

EXAMINATION	CHAPTERS
Unit Test-1	<ul> <li>Ch.2. Inverse Trigonometric Functions</li> <li>Ch.3: Matrices</li> <li>Ch.4: Determinants</li> </ul>
Half-Yearly Exam	<ul> <li>Ch.1: Relation and functions</li> <li>Ch.2 Inverse Trigonometric Functions</li> <li>Ch.3: Matrices</li> <li>Ch.4: Determinants</li> <li>Ch.5: Continuity and Differentiability</li> <li>Ch.6 : Application of Derivatives</li> <li>Ch.12: Linear Programming</li> </ul>
Pre-board 1	Complete Syllabus
Pre-board 2	Complete Syllabus

### Syllabus for examination

# PSYCHOLOGY

# **General Objectives:**

- To understand human differences in functioning and psychological attributes, analyse psychometric theories of intelligence and examine special abilities' nature and measurement.
- Understanding the concept of self-concept, describing personality and its major approaches and assessment techniques.
- To understand the nature of stress, various coping strategies and exploring positive health promotion.
- To understand the concept of Abnormality, its causes, and the nature of various psychological disorders.
- Understanding the process of psychotherapy and its types, and rehabilitation of mentally ill.
- To understand attitude formation and the concept of prejudice and discrimination and ways to handle prejudice.
- Understanding the group formation, the types of groups and how groups influence the behaviour.

UNITS	CLASS XII	MARKS
1.	Variations in Psychological Attributes	13
2.	Self and Personality	13
3.	Meeting Life Challenges	9
4.	Psychological Disorders	12
5.	Therapeutic Approaches	9
6.	Attitude and Social Cognition	8
7.	Social Influence and Group Processes	6
	Total (Theory)	70
	Practical & Project work	30
	Total (Theory+ Practical)	100

### APRIL

#### **Unit 1: Variations in Psychological Attributes**

- Introduction
- Individual Differences in Human Functioning
- Assessment of Psychological Attributes
- Intelligence
- Psychometric Theories of Intelligence, Information Processing Theory: Planning, Attentionarousal and Simultaneous successive Model of Intelligence, Triarchic Theory of Intelligence; Theory of Multiple Intelligences.
- Individual Differences in Intelligence
- Culture and Intelligence
- Emotional Intelligence
- Special Abilities: Aptitude: Nature and Measurement
- Creativity

# MAY

#### Unit 2: Self and Personality

- Introduction
- Self and Personality
- Concept of Self
- Cognitive and Behavioral aspects of Self
- Culture and Self
- Concept of Personality
- Major Approaches to the Study of Personality
  - 1. Type Approaches
  - 2. Trait Approaches
  - 3. Psychodynamic Approach and Post Freudian Approaches
  - 4. Behavioral Approach
  - 5. Cultural Approach
  - 6. Humanistic Approach
- Assessment of Personality
  - 1. Self-report Measures
  - 2. Projective Techniques
  - 3. Behavioral Analysis

# JULY-AUGUST

### **Unit 3: Meeting Life Challenges**

- Introduction
- Nature, Types and Sources of Stress
- Effects of Stress on Psychological Functioning and Health
  - 1. Stress and Health
  - 2. General Adaptation Syndrome
  - 3. Stress and Immune System
  - 4. Lifestyle
- Coping with Stress
  - 1. Stress Management Techniques
- Promoting Positive Health and Well-being
  - 1. Life Skills
  - 2. Positive Health

## **Unit 4: Psychological Disorders**

- Introduction
- Concepts of Abnormality and Psychological Disorders
  - 1. Historical Background
- Classification of Psychological Disorders
- Factors Underlying Abnormal Behavior

- Major Psychological Disorders
  - 1. Anxiety Disorders
  - 2. Obsessive-Compulsive and Related Disorders
  - 3. Trauma-and Stressor-Related Disorders
  - 4. Somatic Symptom and Related Disorders
  - 5. Dissociative Disorders
  - 6. Depressive Disorder
  - 7. Bipolar and Related Disorders
  - 8. Schizophrenia Spectrum and Other Psychotic Disorders
  - 9. Neurodevelopmental Disorders
  - 10. Disruptive, Impulse-Control and Conduct Disorders
  - 11. Feeding and Eating Disorders
  - 12. Substance Related and Addictive Disorders

### **SEPTEMBER**

Revision and Half-Yearly Examination

### **OCTOBER**

#### **Unit 5: Therapeutic Approaches**

- Nature and Process of psychotherapy
  - 1. Therapeutic relationship
- Types of Therapies
  - 1. Behavior Therapy
  - 2. Cognitive Therapy
  - 3. Humanistic-Existential Therapy
  - 4. Alternative Therapies
  - 5. Factors contributing to healing in Psychotherapy
  - 6. Ethics in Psychotherapy
- Rehabilitation of the Mentally Ill

#### Unit 6: Attitude and Social Cognition

- Introduction
- Explaining Social Behavior
- Nature and Components of Attitudes
- Attitude Formation and Change
  - 1. Attitude Formation
  - 2. Attitude Change
  - 3. Attitude-Behavior Relationship
- Prejudice and Discrimination
- Strategies for Handling Prejudice

### NOVEMBER

#### **Unit 7: Social Influence and Group Processes**

- Introduction
- Nature and Formation of Groups
- Type of Groups
- Influence of Group on Individual Behavior
  - 1. Social Loafing
  - 2. Group Polarization

### DECEMBER

Revision and Pre-Board Examination I

## JANUARY

Pre-Board Examination II

### **Practical Examination Marks Distribution-**

- Development of case profile: Using appropriate methods like interview, observation & psychological tests.
- Test administration: Students are required to administer and interpret five psychological tests related to various psychological attributes like intelligence, aptitude, attitude, personality, etc.
- In the Practical examination, the student will be required to administer and interpret two psychological tests.

Practical Examination File and Case Profile	10 Marks
Viva Voce (Case Profile & two practicals)	05 Marks
Two Practicals (5 marks for conduct of practicals and 10 marks for reporting)	15 Marks
Total	30 Marks

# Syllabus for Examination

Unit Test – 1	Unit 1: Variations in Psychological Attributes Unit 2: Self and Personality (Half Unit)
Half-Yearly Examination	Unit 1: Variations in Psychological Attributes Unit 2: Self and Personality Unit 3: Meeting Life Challenges Unit 4: Psychological Disorders
Pre-Board Examination- I	Complete Syllabus
Pre-Board Examination- II	Complete syllabus

# POLITICAL SCIENCE

## **General Objectives:**

- Understand the historical account of India and the challenges to Nation Building.
- Be familiar with the diverse perspectives that guided the formation of the United Nations.
- Identify the need of the New Centres of Power and understand its significance.
- Analyze the positive and negative aspect of Globalization in relation to the Contemporary World.
- Understand the India's politics linked to the Party System.
- Develop an understanding of Sustainable Development.
- Explain India's Policies in relation to other countries.
- Understand the aspirations of different regions.

Units	Part A	Marks
	Part A: Contemporary World Politics	
1	The End of Bipolarity	06
2	Contemporary Centres of Power	06
3	Contemporary South Asia	06
4	International Organizations	06
5	Security in Contemporary World	06
6	Environment and Natural Resources	06
7	Globalization	04
	Total	40
Units	Part B	
	Part B: Politics in India since Independence	
1	Challenges of Nation-Building	06
2	Era of One-Party Dominance	04
3	Politics of Planned Development	02
4	India's External Relations	06
4	Challenges to and Restoration of the Congress System	04
5	The Crisis of Democratic Order	04
6	Regional Aspirations	06
7	Indian Politics: Recent Trends and Development	08
	Total	40
Part C	Project Work	20
	Total (A+B+C)	100

# APRIL

### Part B

Unit 1 Challenges to Nation-Building

- Nation and Nation Building
- Sardar Vallabh Bhai Patel and Integration of States
- Nehru's approach to Nation-Building
- Legacy of partition: Challenge of 'refugee' Resettlement
- The Kashmir problem
- Political conflicts over language
- Linguistic Organisation of States.

Unit 2: Era of One-Party Dominance

- Challenges of building Democracy
- Congress Dominance
- Emergence of Opposition

# MAY

Unit 3 Politics of Planned Development

- Political Contestation
- Idea of Development
- Planning
- Planning Commission
- The Early Initiative
- The First Five Year Plan
- Rapid Industrialization

Unit 4 India's External Policy

- Principles of Foreign Policy
- Policy of Non-Alignment
- Afro-Asian Unity
- Nehru's Role
- Chinese Invasion 1962
- War and Peace with Pakistan
- India's Nuclear Policy
- Bangladesh War 1971

# JULY

Unit 5: Challenges to and Restoration of the Congress System

- Challenge of Political Succession
- From Nehru to Shastri
- From Shastri to Indira
- Fourth General Election 1967
- Context of the Election
- New Congressism
- Electoral Verdict
- Coalitions
- Deflections

- Split in the Congress
- India VS the Syndicate
- Presidential Election 1969
- The 1971 Election and Restoration of Congress
- The outcome and after Restoration

Unit 6: The Crisis of Democratic Order

- Background Emergency
- Economic Context
- Gujarat and Bihar Movements
- Conflict with Judiciary
- Declaration of Emergency
- Lessons of the Emergency

### AUGUST

Unit 7: Regional Aspiration

- Region and the Nation
- Jammu and Kashmir roots of problem
- Politics since 1948
- Punjab demands for Autonomy
- Secessionist Movements

Unit 8: Recent Developments in Indian Politics

- Context of 1990s
- Era of Coalition Alliance Politics
- Mandal Commission
- Communalism, Secularism and Democracy
- Consensus: Lok Sabha Elections 2004

## **SEPTEMBER**

Revision and Half-yearly Examination

## **OCTOBER**

Unit 1: End of Bipolarity

- The Soviet Union
- Gorbachev and the disintegration
- Causes and Consequences of disintegration of Soviet Union
- Shock Therapy and it Consequences
- New entities in World Politics
- Russia
- Balkan States
- Central Asian States
- India's relations with Russia

Unit 2: Contemporary Centres of Power

- European Union
- Association of Southeast Asian Nation
- Rise of China as an Economic Power
- Japan and South Korea as emerging powers

### NOVEMBER

Unit 3: Contemporary South Asia

- Military and Democracy in Pakistan and Bangladesh
- Monarchy and Democracy in Nepal
- Ethnic Conflict and Democracy in Sri Lanka
- India and its Neighbours
- Peace and Cooperation

Unit 4: International Organizations

- Meaning and importance of International Organisation
- Evolution of UN
- Structure and Functions of UN
- Principal Organs of UN
- Reforms of the UN after Cold war
- Reforms of Structures, Processes and Juridiction of the UN
- India and the UN Reforms
- Key Agencies: IMF, World Bank, WTO, ILO, IAEA
- NGO
- Implications and Future of International Organization

## DECEMBER

Unit 5 Security in the Contemporary World

- Meaning and Type of Security.
- Traditional concept of security
- Non-tradition notions of Security.
- New Sources of Threats
- Cooperative Security
- India's Security strategy

Unit 6 Environment and Natural Resources

- Environmental Movements
- Global Warming and Climate Change
- Conservation of Natural Resources.

Unit 7 Globalization

- Globalization: Meaning
- Manifestation and Debates
- Causes and Consequences
- India and Globalization

### JANUARY

Pre-board Examination 2

### **FEBRUARY-MARCH**

Revision and Final Examination

Unit Test – I	Part B
	Unit 1: Challenges to Nation Building
	Unit 2: Era of One Party Dominance
Half-Yearly	
Examination	Unit 1: Challenges of Nation-Building
	Unit 2: Era of One-Party Dominance
	Unit 3: Politics of Planned Development
	Unit 4: India's External Relations
	Unit 5: Challenges to and Restoration of Congress System
	Unit 6: The Crisis of Democratic Order
	Unit 7: Regional Aspirations
	Unit 8: Recent Developments in Indian Politics
Pre-Board	Complete syllabus
Examination 1	
Pre-Board	Complete syllabus
Examination 2	

# Syllabus for Examination

# **ECONOMICS**

### **General Objectives:**

• Understanding of some basic economic concepts and development of economic reasoning which the learners can apply in their day-to-day life as citizens, workers and consumers.

• Realization of learners' role in nation building and sensitivity to the economic issues that the nation is facing today.

• Equipment with basic tools of economics and statistics to analyze economic issues. This is pertinent for even those who may not pursue this course beyond senior secondary stage.

• Development of understanding that there can be more than one view on any economic issue and necessary skills to argue logically with reasoning.

UNITS	PART – A	MARKS
	Introductory Macroeconomics	
1	National Income and Related Aggregates	10
2	Money and Banking	6
3	Determination of Income and Employment	12
4	Government Budget and the Economy	6
5	Balance of Payments	6
	TOTAL	40
UNITS	PART – B	MARKS
	Indian Economic Development	
6	Development Experience (1947-90) and Economic Reforms since 1991	12
7	Current Challenges facing Indian Economy	20
8	Development Experience of India -A Comparison with Neighbors	8
	TOTAL	40
	PART C	MARKS
	Project Work	20
	TOTAL(A+B+C)	100

### APRIL

Unit 6: Development Experience (1947-90) and Economic Reforms since 1991 A brief introduction of the state of Indian economy on the eve of independence. Indian economic system and common goals of Five Year Plans. Main features, problems and policies of agriculture (institutional aspects and new agricultural strategy), industry (IPR 1956; SSI – role & importance) and foreign trade.

# MAY

Part A: Introductory Macroeconomics

Unit 2: Money and Banking

Money – meaning and functions, supply of money - Currency held by the public and net demand deposits held by commercial banks. Money creation by the commercial banking system. Central bank and its functions (example of the Reserve Bank of India): Bank of issue, Govt. Bank, Banker's Bank, Control of Credit through bank rate, CRR, SLR, Repo Rate Reverse Repo Rate, open market operations and margin requirements

Unit 4: Government Budget and the Economy

Government budget - meaning, objectives and components.

Classification of receipts - revenue receipts and capital receipts; classification of expenditure – revenue expenditure and capital expenditure. Balanced,Surplus and Deficit Budget Measures of government deficit - revenue deficit, fiscal deficit, primary deficit their meaning.

Unit 5: Balance of Payments

Balance of payments account - meaning and components;

Balance of Payments – Surplus and Deficit

Foreign exchange rate - meaning of fixed and flexible rates and managed floating.

Determination of exchange rate in a free market, merits and demerits of Flexible and Fixed exchange rate system. Managed floating exchange rate system

### **Project Work**

## JULY

Unit 6: Development Experience (1947-90) and Economic Reforms since 1991 Economic Reforms since 1991:

Features and appraisals of liberalisation, globalisation and privatisation (LPG policy);

Concepts of demonetization and GST

Unit 7: Current challenges facing Indian Economy

Human Capital Formation: How people become resource; Role of human capital in economic development;

Rural development: Key issues - credit and marketing - role of cooperatives; agricultural diversification;

## **Project Work**

## AUGUST

Part A: Introductory Macroeconomics Unit 1: National Income and Related Aggregates

What is Macroeconomics?

Basic concepts in macroeconomics: consumption goods, capital goods, final goods, intermediate goods; stocks and flows; gross investment and depreciation. Circular flow of income (two sector model); Methods of calculating National Income - Value Added or Product method, Expenditure method, Income method.

Aggregates related to National Income:

Gross National Product (GNP), Net National Product (NNP), Gross Domestic Product (GDP) and Net Domestic Product (NDP) - at market price, at factor cost; Real and Nominal GDP. GDP and Welfare

### **OCTOBER**

Unit 3: Determination of Income and Employment

Aggregate demand and its components. Propensity to consume and propensity to save (average and marginal). Short-run equilibrium output; investment multiplier and its mechanism. Meaning of full employment and involuntary unemployment. Problems of excess demand and deficient demand; measures to correct them

- changes in government spending, taxes and money supply.

### NOVEMBER

Part B: Indian Economic Development
Unit 7: Current challenges facing Indian Economy
Employment: Growth and changes in work force participation rate in formal and informal sectors; problems and policies
Infrastructure: Meaning and Types: Case Studies: Health: Problems and Policies- A critical assessment;
Sustainable Economic Development: Meaning, Effects of Economic Development on Resources and Environment, including global warming

# **Project Work**

## DECEMBER

Unit 8: Development Experience of India: A comparison with neighboring Pakistan, China and India. Issues: Economic growth, population, sectoral development and other Human Development Indicators

### **Guidelines for Project Work: 20 Marks**

Only ONE Project is to be done throughout the session.

**1.** The objectives of the project work:

Objectives of project work are to enable learners to:

- Probe deeper into personal enquiry, initiate action and reflect on knowledge and skills, views etc. acquired during the course of class XI-XII.
- Analyze and evaluate real world scenarios using theoretical constructs and arguments
- Demonstrate the application of critical and creative thinking skills and ability

to produce an independent and extended piece of work

- Follow up aspects in which learners have interest
- Develop the communication skills to argue logically

# Syllabus for Examination

Examination	Торіс
Unit Test – 1	Part A – Unit-2
	Money and Banking
Half-Yearly Exam	Part A – Unit-1,2,4,5
	Part B – Unit 7 (Human Capital Formation and Rural Development)
Pre-Board	Complete Syllabus
Examination 1	
Pre-Board	Complete Syllabus
Examination 2	

# **INFORMATICS PRACTICES**

# **General Objectives:**

- Create Series, Data frames and apply various operations.
- Perform aggregation operations, calculate descriptive statistics.
- Visualize data using relevant graphs.
- Design SQL queries using aggregate functions.
- Import/Export data between SQL database and Pandas.
- Learn terminology related to networking and the internet.
- Identify internet security issues and configure browser settings.
- Explain the impact of technology on society including gender and disability issues.

UNIT NO.	UNIT NAME	MARKS
1	Data Handling using Pandas and Data Visualization	25
2	Database Query using SQL	25
3	Introduction to Computer Networks	10
4	Societal Impacts	10
	Total	70

### **Marks Distribution**

# APRIL

• Data Handling using Pandas - 1:

Introduction to Python libraries- Pandas, Matplotlib. Data structures in Pandas - Series and Data Frames.

• **Series**: Creation of Series from – ndarray, dictionary, scalar value; mathematical operations; Head and Tail functions; Selection, Indexing and Slicing.

## **Practical:**

Programs based on Pandas (Series)

# MAY

- Data Handling using Pandas 1(contd.)
  - **Data Frames**: creation of data frames from dictionary of series, list of dictionaries, text/CSV files, display, iteration. Operations on rows and columns: add (insert /append), select, delete (drop column and row), rename, Head and Tail functions, indexing using labels, Boolean indexing.

### **Practical:**

Programs based on Pandas (Series and Data frames).

# JULY

#### • Plotting data using Matplotlib:

Use of Matplotlib

Purpose of plotting; drawing and saving following types of plots using Matplotlib – line plot, bar graph, histogram, pie chart, frequency polygon, box plot and scatter plot. Customizing plots: colour, style (dashed, dotted), width; adding label, title, and legend in plots.

### • Transferring data between CSV files and Dataframes

## **Practical:**

Programs based on Pandas, matplotlib and Python with CSV Files and Dataframes.

#### Allocation and working on CBSE Project.

# AUGUST

• Societal Impacts:

Digital footprint, net and communication etiquettes, data protection, intellectual property rights (IPR), plagiarism, licensing and copyright, free and open source software (FOSS), cybercrime and cyber laws, hacking, phishing, cyber bullying, overview of Indian IT Act. E-waste: hazards and management.

Awareness about health concerns related to the usage of technology.

#### • Database Query using SQL:

• Revision tour of class XI Syllabus

## **Practical:**

Programs based on Pandas and PyPlot. Working on CBSE project

## SEPTEMBER

Revision for Half Yearly Exam

# OCTOBER

- Database Query using SQL(contd.)
  - Functions in MYSQL(Single row functions), Aggregate functions in MYSQL, sorting of data, use of group by clause with having clause, Equi join.

### **Practical:**

Working with Python connectivity

# NOVEMBER

• Introduction to Computer Networks:

Introduction to networks, Types of network: PAN, LAN, MAN, WAN.
Network Devices: modem, hub, switch, repeater, router, gateway
Network Topologies: Star, Bus, Tree, Mesh.
Introduction to Internet, URL, WWW and its applications- Web, email, Chat, VoIP.
Website: Introduction, difference between a website and webpage, static vs dynamic web page, web server and hosting of a website.
Web Browsers: Introduction, commonly used browsers, browser settings, add-ons and plug-ins, cookies.

# **Practical:**

Various Python Programming and working with MySQL.

## DECEMBER

Revision and Pre-board - I Examination

# JANUARY

Pre-Board Examination- II

Unit Test I	Ch 2: Data Handling using Pandas -1
Half Yearly Examination	Ch 2: Data Handling using Pandas -1
	Importing/Exporting Data between CSV and Pandas (Dataframes)
	Ch 4: Plotting data using Matplotlib
	Ch 6: Societal Impacts
	Revision tour of SQL(Class
	XI)
Preboard 1 and II	Ch 1: Database Query using SQL
Examination	Ch 2: Data Handling using Pandas -1
	Importing/Exporting Data between CSV and Pandas (Dataframes)
	Ch 4: Plotting data using Matplotlib
	Ch 6: Societal Impacts
	Ch 7: Introduction to Computer Networks
Practical Examination	Pandas (Series and Dataframes)
Half Yearly	SQL(Class XI)
	Viva, File & Project
Preboard	Complete Practical Part
	Viva, File & Project

# Syllabus for Examination

# PHYSICAL EDUCATION

# **General Objectives:**

- Awareness regarding the importance of physical fitness in individual and social life including life skills.
- Bring the overall awareness of values with regards to personal health and fitness and to inculcate among students the desired habit and attitude toward health to raise their health status.
- To make the pupil physically, mentally and emotionally fit and to develop such person and social qualities that will help them to be good human being.
- Individually and collectively to protect and promote (own health)( health of family member)and (heath of the surrounding communities and seeking help when required from available community resources..
- To develop interest in exercise sports and games for self satisfaction and make it a part of a life
- Will an individual to enhance in a qualities self must re discipline courage confidence and efficiency
- To Enable and individual to display a sense of responsibility, patriotism, self sacrifice and services to the community.

## **Marks Distribution (Practical)**

S.No.	Practical	Marks
1.	Physical Fitness Test: SAI Khelo India Test, Brockport Physical Fitness Test (BPFT)	6
2.	Proficiency in Games and Sports - (Skill of any one IOA recognised Sport/Game of Choice)	7
3.	Yogic Practices	7
4.	Record File	5
5.	Viva Voce (Health/ Games & Sports/ Yoga	5

# APRIL

#### **Unit I Management of Sporting Events**

- Functions of Sports Events Management (Planning, Organising, Staffing, Directing & Controlling)
- Various Committees & their Responsibilities (pre; during & post)
- Fixtures and its Procedures Knock-Out (Bye & Seeding) & League (Staircase, Cyclic and Tabular method) and combination tournaments.
- Intramurals and Extramural tournaments Meaning, objectives and its Significance
- Community sports program (Sports Day, Health Run, Run for Fun, Run for Specific Cause & Run for Unity)

# MAY

#### Unit II Children & Women in Sports

- Exercise guidelines of WHO for different age groups.
- Common postural deformities-knock knees, flat foot, round shoulders, Lordosis, Kyphosis, Scoliosis, and bow legs and their respective corrective measures.
- Women's participation in Sports Physical, Psychological, and social benefits.
- Special consideration (menarche and menstrual dysfunction)
- Female athlete triad (osteporosis, amenorrhea, eating disorders.

#### Unit III Yoga as Preventive measure for Lifestyle Disease

- Obesity: Procedure, Benefits & Contraindications for Tadasana, Katichakrasana, Pavanmuktasana, Matsayasana, Halasana, Pachimottansana, Ardha Matsyendrasana, Dhanurasana, Ushtrasana, Suryabedhan pranayama.
- **Diabetes:** Procedure, Benefits & Contraindications for Katichakrasana, Pavanmuktasana, Bhujang asana, Shalabhasana, Dhanurasana, Supta-vajarasana, Paschimottanasana, Ardha -Mastendrasana, Mandukasana, Gomukasana, Yogmudra, Ushtrasana, Kapalabhati.
- Asthma: Procedure, Benefits & Contraindications for Tadasana, Urdhwahastottansana, UttanMandukasana, Bhujangasana, Dhanurasana, Ushtrasana, Vakrasana, Kapalbhati, Gomukhasana Matsyaasana, Anuloma Viloma.
- **Hypertension:** Procedure, Benefits & Contraindications for Tadasana, Katichakransan, Uttanpadasana, Ardha Halasana, Sarala Matyasana, Gomukhasana, UttanMandukasana, Vakrasana, Bhujangasana, Makarasana, Shavasana, Nadi-shodhanapranayam, Sitlipranayam.
- **Back Pain and Arthritis:** Procedure, Benefits & Contraindications of Tadasan, Urdhawahastootansana, Ardh-Chakrasana, Ushtrasana, Vakrasana, Sarala Maysyendrsana, Bhujandgasana, Gomukhasana, Bhadrasana, Makarasana, Nadi- Shodhana pranayama.

# JULY

### Unit IV Physical Education & Sports for CWSN (Children with Special Needs - *Divyang*)

- Organizations promoting Disability Sports (Special Olympics; Paralympics; Deaflympics)
- Concept of Classification and Divisioning in Sports.
- Concept of Inclusion in sports, its need, and Implementation;
- Advantages of Physical Activities for children with special needs.
- Strategies to make Physical Activities assessable for children with special needs.

#### Unit V Sports & Nutrition

- Concept of balance diet and nutrition
- Macro and Micro Nutrients: Food sources & functions
- Nutritive & Non-Nutritive Components of Diet
- Eating for Weight control- A Healthy Weight, The Pitfalls of Dieting, Food Intolerance, and Food Myths,
- Importance of Diet in Sports-Pre, During and Post competition Requirements

# AUGUST

#### Unit VI Test & Measurement in Sports

- Fitness Test SAI Khelo India Fitness Test in school: Age group 5-8 yrs/ class 1-3: BMI, Flamingo Balance Test, Plate Tapping Test Age group 9-18yrs/class 4-12: BMI, 50mt Speed test, 600mt Run/Walk, Sit & Reach flexibility test, Strength Test (Abdominal Partial Curl Up, Push-Ups for boys, Modified Push-Ups for girls).
- Measurement of Cardio- Vascular Fitness –Harvard Step Test –Duration of the Exercisein Seconds x100/5.5 X Pulse count of 1-1.5 Min after Exercise.
- Computing Basal Metabolic Rate (BMR)
- Rikli & Jones Senior Citizen Fitness Test
  - I. Chair Stand Test for lower body strength
  - II. Arm Curl Test for upper body strength
  - III. Chair Sit & Reach Test for lower body flexibility
  - V. Eight Foot Up & Go Test for agility
  - VI. Six Minute Walk Test for Aerobic Endurance
- Johnsen Methney Test of Motor Educability (Front Roll, Roll, Jumping Half-Turn, Jumping full-turn)

### **SEPTEMBER**

Revision for Half Yearly Exam

### OCTOBER

#### Unit VII Physiology & Injuries in Sports

- Physiological factors determining components of physical fitness
- Effect of exercise on Muscular System
- Effect of exercise on Cardio-Respiratory System
- Physiological changes due to aging
- Sports injuries: Classification (Soft Tissue Injuries Abrasion, Contusion, Laceration, Incision, Sprain & Strain; Bone & Joint Injuries - Dislocation, Fractures - Green Stick, Comminuted, Transverse Oblique & Impacted)

#### **Unit VIII Biomechanics & Sports**

- Newton's Law of Motion & its application in sports
- Types of Levers and their application in Sports.
- Equilibrium Dynamic & Static and Centre of Gravity and its application in sports
- Friction & Sports
- Projectile in Sports

#### **Unit IX Psychology and Sports**

- Personality; its definition & types (Jung Classification & Big Five Theory)
- Motivation, its type & techniques.
- Exercise Adherence: Reasons, Benefits & Strategies for Enhancing it
- Meaning, Concept & Types of Aggressions in Sports
- Psychological Attributes in Sports Self-Esteem, Mental Imagery, Self- Talk, Goal Setting

#### NOVEMBER

#### **Unit X Training in Sports**

- Concept of Talent Identification and Talent Development in Sports
- Introduction to Sports Training Cycle Micro, Meso, Macro Cycle.
- Types & Method to Develop Strength, Endurance and Speed
- Types & Method to Develop Flexibility and Coordinative Ability
- Circuit Training Introduction & its importance

#### DECEMBER

Revision and Pre-board I Examination

### JANUARY

Pre-board II Examination

Unit Test- I	Unit I Management of Sporting Events
Half- Yearly Exam	Unit I Management of Sporting Events Unit II Children & Women in Sports Unit III Yoga as Preventive measure for Lifestyle Disease Unit IV Physical Education & Sports for CWSN Unit V Sports & Nutrition
Pre-Board Examination I	Complete Syllabus
Pre-Board Examination II	Complete Syllabus

# **Syllabus for Examination**

# COMMERCIAL ARTS

# **General objectives:**

- To develop the aesthetic sense of the students through the understanding of various important, well known aspects and modes of visual art expression in India's rich cultural heritage from the period of Indus Valley to the present time.
- Building a strong foundation on the basics of art and design, including composition, color theory, typography and layout.
- Building a portfolio of work that showcases versatility, technical proficiency and creativity.
- Exploring and experimenting with different artistic styles and approaches to develop personal artistic voice and style.
- Assist learners to use artistic and aesthetic sensibility in day-to-day life situations.

S.No.	(Theory)	Marks
1.	The Rajasthani and Pahari School of Miniature Painting	10
2.	The Mughal and Deccan School of Miniature Painting	10
3.	The Bengal School of Painting and the Modern Trends in Indian Art	10
	Total	30
	(Practical)	
4.	<ul> <li>Illustration</li> <li>Study of techniques of illustration on given subjects and simple situations supported by drawing from life and outdoor sketching in different media suitable for printing.</li> </ul>	25
5.	<ul> <li>Poster</li> <li>Making a poster with specified data and slogan on a given subject.</li> </ul>	25
6.	<ul> <li>Portfolio Assessment</li> <li>Record of entire year's performance from sketch to finished product</li> <li>Four selected drawings in any media done during the year including minimum of two illustrations.</li> <li>Two selected posters in chosen subject.</li> <li>Two selected works based on Indian Folk Art.</li> </ul>	20
	Total	70
	Total (Theory+Practical)	100

#### **Marks Distribution**

# APRIL

A brief introduction to Indian Miniature Schools: Western Indian, Pala, Rajasthani, Mughal, Central India, Deccan and Pahari

### Unit I

#### The Rajasthani School:

- 1. Origin and Development
- 2. Sub-Schools-Mewar, Bundi, Jodhpur, Bikaner, Kishangarh and Jaipur
- 3. Main features of the Rajasthani School
- 4. Appreciation of the following Rajasthani paintings:
  - a) Maru-Ragini
  - b) Chaugan Players
  - c) Krishna on swing
  - d) Radha (Bani- Thani)
  - e) Bharat Meets Rama at Chitrakuta

### Practical

- 1. Study of various fonts
- 2. Colour theory
- 3. Layout preparation, Types of poster

# MAY

#### Unit I

### The Pahari School:

- 1. Origin and development
- 2. Sub-Schools-Basohli, Guler, Kangra, Chamba and Garhwal
- 3. Main features of the Pahari School
- 4. Appreciation of the following Pahari paintings:
  - a) Krishna with Gopis
  - b) Nand, Yashoda and Krishna with Kinsmen Going to Vrindavana

## Practical

1. Poster making (Poster/Acrylic colours)

## JULY

### Unit II

### The Mughal School

- 1. Origin and development
- 2. Main features of the Mughal School
- 3. Appreciation of the following Mughal Paintings:
  - a) Krishna Lifting Mount Govardhana
  - b) Falcon on a Bird-Rest
  - c) Kabir and Raidas
  - d) Marriage Procession of Dara Shikoh

# Practical

- 1. Poster making (Poster/Acrylic colours)
- 2. Practice of human figures

# AUGUST

### Unit II

### The Deccan School

- 1. Origin and development
- 2. Main features of the Deccan School
- 3. Appreciation of the following Deccan paintings:
  - a) Hazrat Nizamuddin Auliya and Amir Khusro
  - b) Chand Bibi Playing Polo (Chaugan)

# Practical

- 1. Practice of human figures
- 2. Illustration (Water colours)

# SEPTEMBER

Revision and Half-yearly Examination

# OCTOBER

### Unit III

## The Bengal School of Painting The Deccan School

- 1. National Flag of India and the Symbolic significance of its forms and the colours.
- 2. Introduction to the Bengal School of Painting
- 3. Origin and development of the Bengal School of painting
- 4. Main features of the Bengal School of painting
- 5. Appreciation of the following paintings of the Bengal school:
  - a) Journey's End
  - b) Shiv and Sati
  - c) Radhika
  - d) Meghdoot
- 6. Contribution of Indian artists in the struggle for National Freedom Movement

## Practical

1. Illustration (Water colours)

# NOVEMBER

## Unit III

### The Modern Trends in Indian Art

Appreciation of the following contemporary (Modern) Indian Art

- 1. Paintings:
  - a) Rama Vanquishing the Pride of the Ocean
  - b) Mother and child

- c) Haldi Grinders
- d) Mother Teresa
- 2. Graphic prints:
  - a) Children
  - b) Devi
  - c) Of Walls
  - d) Man, Woman and Tree
- 3. Sculptures:
  - a) Triumph of Labour
  - b) Santhal Family
  - c) Cries Unheard
  - d) Ganesha

# Practical

- 1. Folk art painting
- 2. Completion of portfolio

# DECEMBER

Revision and Pre-Board Examination I

# JANUARY

Pre-Board Examination II

# Syllabus for Examination

Unit Test I	Unit I The Rajasthani and Pahari School of Miniature Painting
Half- Yearly Exam	Unit I The Rajasthani and Pahari School of Miniature Painting Unit II The Mughal and Deccan School of Miniature Painting
Pre- Board I	Complete Syllabus
Pre- Board II	Complete Syllabus